

Winter Break Journal Room 1



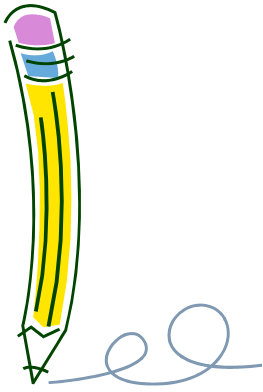
This book contains suggestions of activities that you could do during winter break. Please bring back the pages for your child's journal. We hope that you enjoy the activities.



On this page, add a photo of your family or friends with which you spent time over break!



Take a nature walk and glue nature items that you find during your walk to this page. Bring it back to school so we can see what you found!



On this page, trace your hand and decorate the page so that we can see how big your hand was during the winter break.

Play Dough Recipe

2 1/2 cups flour, plus more

1/2 cup salt

1 tablespoon alum (a preservative usually found with the spices at the grocery)

1 3/4 cups hot water

2 tablespoons cooking oil

food coloring, glitter, or whatever else you might want to add...

Applesauce Recipe

Ingredients

6 apples, peeled and chopped (your choice of apple, I used organic Pink Ladies)

¼ teaspoon cinnamon (or more if you like cinnamon like we do)

About ½ cup of water to cover the bottom of pot

Directions

1. Place all ingredients in a pot on the stovetop and bring to a boil. Reduce heat to simmer and cover with lid.
2. Simmer apples for about 20 minutes or until soft. The smaller the pieces of chopped apple the faster cook time.
3. Remove from heat and mash with potato masher for chunkier applesauce, or put in a food processor or blender for smoother texture.

FROM: <http://www.kimshealtheats.com/easy-homemade-applesauce/>

